

Cat weight check-in form

Today's weight: _____ lbs.

Recommended target or ideal weight: _____ lbs.

My cat's daily caloric requirements for weight loss:

$0.8 \times [30 (\text{target or ideal weight in lbs.} \div 2.2) + 70] =$ _____ kcal a day

Recommended diet: _____

Amount of diet to feed each day: _____

Next weight check: _____